Professor Stephen Nicholls

Stephen Nicholls is Deputy Director and Heart Health Theme Leader at the South Australian Health and Medical Research Institute (SAHMRI). He is Professor of Cardiology at the University of Adelaide and a Consultant Cardiologist at the Royal Adelaide Hospital. He completed his medical training in Adelaide, cardiology training at John Hunter Hospital in Newcastle and his PhD at the Heart Research Institute, focusing on the anti-inflammatory properties of high-density lipoproteins (HDL, the good form of cholesterol).

He has published more than 520 original manuscripts, conference proceedings and book chapters, including in the New England Journal of Medicine, Lancet, Journal of the American Medical Association and Nature Medicine.

He is frequently invited to talk on a range of topics in cardiovascular disease at national and international conferences. He is currently President of the Australian Atherosclerosis Society and serves on the board of the Cardiac Society of Australia and New Zealand

His major research interests include studying the impact of factors that influence the ability of 'Good Cholesterol' to protect against heart disease, development of novel plaque imaging modalities in clinical practice and performing large scale clinical trials of novel therapies.